

CREW Guide's Guide for Session 3

As Guides, our task is to draw out the love of our planet and all life, while supporting our team's aspirations, hopes, dreams and wisdom for reversing climate change. Thank you for your efforts on our climate journey!

Checklist for CREW's Prep for Session 3: Drawdown and Sequester

- "10 minutes of talking for the Earth!" – Who did you tell or tweet?
- Read chapters on Drawdown and Sequester in 2040 Handbook (pages 94-145). Note your favorite statistic, quote or idea (note page #).
- Make your 5-year [PCAP](#) for Drawdown and Sequester based on the chapters.
- 24 hours before gathering, post your PCAP to group email. Read other CREW members' PCAPs, and note references to share.
- Brainstorm candidates from your treasure/network map and select the most ready to join a CREW and take action. Shoot for seven+ people. We encourage all CREWs to be hosted by *two* Guides.
- Bonus:* Charles Massey's TED Talk "[How Regenerative Farming Can Help Heal the Planet and Human Health](#)" (17 minutes).
- Bonus:* Read or watch [Boycott Big Meat](#) *Can Vegans, Vegetarians and Meat-Eaters Unite for Change?*
- Bonus:* Katharine Hayhoe's TED talk "[Talk about it](#)" (17 minutes).

Session 3: Drawdown and Sequester

1. Push the Record Button.
2. Guide or volunteer opens with a reading. Pick one from the [Poems, Quotes, Prayers](#) or use;
 - [Prayer For the World](#).
3. Begin all sessions sharing aloud our mission and vision.
 - CREW's mission is to empower people in small groups to create personal climate action plans (PCAPs) to reverse global warming.
 - Our vision is to spark the exponential transformation needed for a flourishing planet now.
 - Our Motto: "One Month for the Earth".
4. Discussion of the assigned 2040 readings
 - Ask what phrase (on what page) had special meaning.
 - Guide may highlight aspects of the material that have not been talked about. Use [book notes](#), ensure pages 112-16 are discussed (about meat consumption), [Drawdown](#) solution #3 is Plant Rich Diet.

- Three suggested supplements, show which best fits the session depending on time:
 - Show [The Soil Story](#) (4 minutes) See other suggestions in the Resources.
 - [DIY Regenerative Ocean Farms](#) (6 1/2 minutes).
 - [Climatarian.com](#) and watch video for 1 ½ minutes.

- 5. Facilitate a discussion on what is important to you and your CREW members in your PCAPs on the topic of: Drawdown and Sequester.
 - Share points chosen from CREW members' PCAPs.
 - Share [punch list](#) items not incorporated in any PCAP.

- 6. Talk about 'apps' that can help spread the word about climate.
 - Show just the first 10 minutes of the [video](#) (20 min) about [Climate Action Now](#). Climate Action Now emphasizes policy.
 - “While CREW is about the power of early adopters' personal choices and that talking about it compels change, we also want to include a powerful action that is available to all, regardless of income or household situation.”

- 7. Ask: Who have you identified for your CREW and what groups might you speak with about CREW?

- 8. Ask: Who did you talk/tweet with this week about Drawdown or your PCAP? How was it received?

- 9. *Optional:* discussion of Katharine Hayhoe's content from her TED Talk.

- 10. Wrap-up of Session 3
 - Give assignments (from the prep checklist below) and the time of the next session.
 - Invite a volunteer to bring a quote or prayer for next week.
 - Give schedule of emails they will receive from guides:
 - **Day 1 (the day after session) email**
 - Thanks to everyone.
 - Send audio recordings to absent members.
 - Send the Checklist prep for Session 3 below to everyone.
 - **Day 5 email**
 - Reminder about time of session, zoom link and PCAP posting to group email 24 hours in advance.
 - Send Guides' PCAPs and punch list.

Checklist for CREW's Prep for Session 4: Consumption and Getting to 2040 (Share with CREW)

- “10 minutes of talking for the Earth!” – 5 minutes on Climate Action Now app + 5 minutes talking with your contacts. (Don't forget you can “talk” on social media, too!) Who did you tell?
- Read chapters on Consumption and Getting to 2040 in 2040 Handbook (pages 146-217). Note your favorite statistic, quote or idea (note page #).
- Make your 5-year [PCAP](#) based on the chapters you read.
- 24 hours before gathering, post your PCAP to group email. Read other CREW members' PCAPs, and note references to share.
- Make a list of who will be in your new CREW. Choose a buddy to co-guide with. Write up an invitation for this new CREW and share with your CREW
- Brainstorm where you could give a talk about Carbon CREW to recruit members
- Bonus:* Watch Erica Chenoweth's TED talk [“3.5% Rule”](#)(17 minutes).
- Bonus:* Watch [The Story of Plastic](#), an animated short.

11. Ask for one person who might want to bring quote for next week.

12. Guide or volunteer closes with a reading. Pick one from the **Poems, Quotes, Prayers** or use this quote by John Burroughs in *Studies in Nature and Literature* (1917)::

- “The lesson which life constantly repeats is to 'look under your feet.'
You are always nearer to the divine and the true sources of your power than you think.
The lure of the distant and the difficult is deceptive.
The great opportunity is where you are.
Do not despise your own place and hour.
Every place is under the stars.
Every place is the center of the world.”

