

## **CREW Guide's Guide for Session 2**

As Guides, there is no need to be perfect. Feel free to meet circumstances that arise as you see fit. Our task is to draw out the love of our planet and all life, while supporting our team's aspirations, hopes, dreams and wisdom for reversing climate change. Thank you for your efforts on our climate journeys!

### **Pre-prep for guiding:**

- If you do not have a Treasure/Network Map already, please make one before the session so you can share it with your CREW. See notes below in section 6.

### **Checklist for CREW's Prep for Session 2: Energy and Transport**

- "10 minutes of talking for the Earth!" – Who did you tell or tweet?
- Read chapters on Energy and Transport in 2040 Handbook (pages 34-93). Note your favorite statistic, quote or idea (note page #).
- Make your 5-year [PCAP](#) for Energy and Transportation based on the chapter.
- 24 hours before gathering, post your PCAP to group email. Read other CREW members' PCAPs, and note references to share.
- Bring paper and pens or crayons for an exercise we will be doing.
- For fabulous bonus material, go to the Resources page.

### **Session 2: Energy and Transport:**

1. Push the Record Button
2. Guide or volunteer opens with a reading. Pick one from the [Poems, Quotes, Prayers](#) or use:
  - "We are not asked ...to believe in a perfect world. We are asked to equip ourselves with courage, hope, and readiness for hard work, and to cherish large and generous ideals." -Emily Balch, Nobel Peace Prize winner.
3. Begin all sessions sharing aloud our mission and vision.
  - CREW's mission is to empower people in small groups to create personal climate action plans (PCAPs) to reverse global warming.
  - Our vision is to spark the exponential transformation needed for a flourishing planet now.
  - Our Motto: "One Month for the Earth".
4. Discussion of the assigned 2040 readings
  - Ask what phrase (on what page) had special meaning. Use [book notes](#).
  - Guide may highlight aspects of the material that have not been talked about.

- Ask for comments from anyone who watched the movie “2040”
  - Ask: Who did you talk to this week?
5. Facilitate a discussion on what was important to you and your CREW members in your PCAP’s on the topic of “Energy and Transport.”
- Share points chosen from CREW members’ PCAPs
  - Share [punch list](#) items not incorporated in any PCAP
  - Explore and sign up to find [clean energy providers](#) near you!
6. Discuss the pivotal strategies that make the Carbon CREW Project powerful by understanding how change happens.
- TEAMS - small groups make things happen
  - ACCOUNTABILITY - we report to one another, and check in regularly
  - EARLY ADOPTERS - we invite only ready-for-action folks
  - INDIVIDUAL DECISIONS - these decisions on the household level are responsible for two-thirds of GHG (greenhouse gas) emissions
  - DRAWDOWN PRIORITIES- our solutions are science-based
  - VISIONARY - we build plans taking inspiration from the **2040** view of the future
  - POSITIVITY - we embrace the positive; every problem is a solution in disguise
  - REPLICATION - for exponential growth, members create new CREWs
  - OPEN SOURCE CURRICULUM - all materials are easily available on our website.
7. Introduce the “Treasure/Network Map” to help build one’s own CREW
- This is a brainstorming graphic on paper illustrating categories of connections: friends, family, acquaintances, organizations, clubs, libraries, sports teams, musical groups, religious groups, neighbors. Share screen with your own treasure map ([example](#)).
  - Choose a map format - whatever takes your fancy and helps you visualize your network. A spider web? A sunburst? A boat sailing through the seas?
8. Wrap-up of Session 2
- Give assignments (from the prep checklist below) and the time of the next session.
  - Invite a volunteer to bring a quote or prayer for next week.
  - Give schedule of emails they will receive from guides:
    - **Day 1 (the day following session) email**
      - Thanks to everyone.
      - Send audio recordings to absent members.
      - Send the Checklist Prep for Session 3 below to everyone.
    - **Day 5 email**
      - Reminder about time of session, zoom link and PCAP posting to group email 24 hours in advance.
      - Send Guides’ PCAPs and punch list.

### Checklist for CREW's Prep for Session 3: Drawdown and Sequester (Share with CREW)

- “10 minutes of talking for the Earth!”– Who did you tell or tweet?
- Read chapters on Drawdown and Sequester in 2040 Handbook (pages 94-145). Note your favorite statistic, quote or idea (note page #).
- Make your 5-year [PCAP](#) for Drawdown and Sequester based on the chapters.
- 24 hours before gathering, post your PCAP to group email. Read other CREW members' PCAPs, and note references to share.
- Brainstorm candidates from your treasure/network map and select the most ready to join a CREW and take action. Shoot for seven+ people. We encourage all CREWs to be hosted by **two** Guides.
- Bonus:* Charles Massey's TED Talk "[How Regenerative Farming Can Help Heal the Planet and Human Health](#)" (17 minutes).
- Bonus:* Read or watch [Boycott Big Meat](#) *Can Vegans, Vegetarians and Meat-Eaters Unite for Change?*
- Bonus:* Katharine Hayhoe's TED Talk "[Talk about it](#)" (17 minutes).

9. Guide or volunteer closes with a reading. Pick one from the **Poems, Quotes, Prayers** or use TED Talk by Kevin Kelly

- “We have a choice about optimism, it's not a temperament. No matter what your temperament is, you can still choose to be optimistic. Gigantic problems require gigantic optimism. We have a moral obligation to be optimistic because when we're optimistic we can shape the future, we can become better ancestors, we can expand our reach, create things bigger than ourselves. Then we can be a realist (in aligning ourselves with this long arc of history and) embracing problems as opportunities. With optimism, we can use it as a power to ... create the future that we want. This is the way.”

